



Chartwells
Martin Elementary
Aitken Elementary
Breakfast Menu
October 2017
Student \$1.25 Reduced \$.30



	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Served in the cafeteria every morning 8:45 am -9:00 am</i>	10-2 Quesadilla With Apple Yogurt Dip	10-3 Chocolate Chip Muffin	10-4 Vanilla Yogurt With Graham Crackers	10-5 Blueberry Muffin	10-6 Berry Breakfast Wrap
A full student breakfast includes a choice of entrée, fruit /vegetable side dishes, and a choice of milk. Milk choices include 1% white, skim white	10-9 No School Columbus Day	10-10 Strawberry Parfait With Granola	10-11 Vanilla Yogurt With Graham Crackers	10-12 Mini Pancakes	10-13 WG Bagel With Cream Cheese
<i>If your student qualifies for free or reduced lunch they qualify for breakfast too!</i>	10-16 Mini Cinnamon Bagel	10-17 Chocolate Chip Muffin	10-18 Vanilla Yogurt With Graham Crackers	10-19 Blueberry Muffin	10-20 Berry Breakfast Wrap
	10-23 Quesadilla With Apple Yogurt Dip	10-24 Chocolate Chip Muffin	10-25 Vanilla Yogurt With Graham Crackers	10-26 Blueberry Muffin	10-27 Berry Breakfast Wrap
	10-30 Mini Cinnamon Bagel	10-31 Chocolate Chip Muffin			
Weekly Alternate Meals	Assorted Cereal With Graham Crackers	Assorted Cereal With Graham Crackers	Assorted Cereal With Graham Crackers	Assorted Cereal With Graham Crackers	Assorted Cereal With Graham Crackers
	Choose with any meal Chilled Fruit Chilled Juice	Choose with any meal Chilled Fruit Chilled Juice	Choose with any meal Chilled Fruit Chilled Juice	Choose with any meal Chilled Fruit Chilled Juice	Choose with any meal Chilled Fruit Chilled Juice

Looking for nutritional information check out our interactive menu at Seekonk.nutrislice.com!

This institution is an equal opportunity provider

Questions? Please call: **Karleen DeLellis**
Food Service Director
508-336-0314